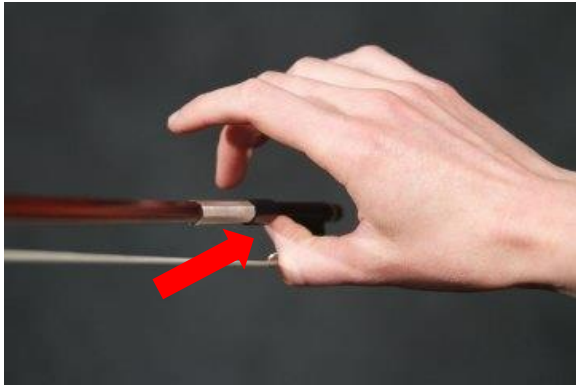


BOW HOLD STEPS

1. Thumb on the "bump" (frog)



2. Fingers "flop"



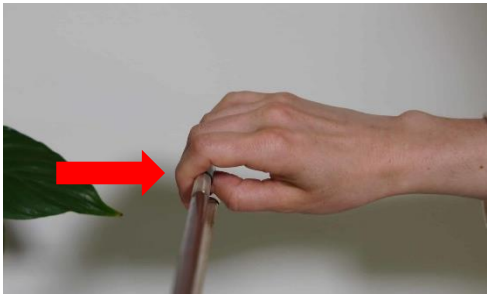
3. Middle to the metal (ferrule)



4. Next (ring) finger on the "dot"



5. Pointer slightly wraps



6. Pinkie lightly taps



7. Turn it over and make your thumb "pop" (knuckle bent and squishy)

